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# 2017 WINTER HITTING CLINICS

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**Ages 7-9 • \$35 • meet on these Saturdays: Jan 7, Jan 14, Jan 28, Feb 11**

**Ages 10-12 • \$35 • meet on these Saturdays: Jan 7, Jan 21, Feb 4, Feb 18**

**7:30 - 9 pm**

The Batter's Box - 1238 Columbia Park Trail, Richland

- Clinics will be administered by GRLL coaches and Hanford HS players & coaches
- Focus will be on 4-5 major swing components and hitting approach (balance, hands/bat path to the ball, rotation/lean, hitter vision, and aggressiveness)

*These clinics will address and teach core baseball hitting fundamentals in a way that supports an overall aggressive and focus game-day approach. Players will learn how to build confidence through hard work (drills and practice repetitions) and how to focus that hard work into relaxed and aggressive game execution!*

Questions or concerns contact Nat Roe [njroe92@yahoo.com](mailto:njroe92@yahoo.com)

## REGISTRATION INFORMATION

**Registration by mail (3014 REDROCK RIDGE LOOP, RICHLAND, WA 99354) by 1/5/17  
or in person at Batter's Box 12/22 from 5-7PM and GRLL Clubhouse 12/28 FROM 6-7PM**

Participant's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_